

Reasons to still wear a mask



- ✓ **Required for 10 days** after recovering from COVID-19 symptoms and are no longer isolating.
- ✓ **Required for 10 days** following a COVID-19 infection or an exposure to someone with a COVID-19 infection or symptoms (close contact).
- ✓ Masks **must** be worn in certain settings, including:
 - Long-term care and retirement homes
 - Health care settings (hospitals, psychiatric facilities, doctors offices, immunization clinics, laboratories, specimen collection centres)
 - Home and community care provider locations **ONLY IF** you are an employee or contractor
 - Shelters and other congregate care settings that provide care and services to socially vulnerable individuals
- ✓ If someone has a weakened immune system.
- ✓ In close contact with those who are at higher risk of severe illness, including people who:
 - **are older**
 - **have certain medical conditions**
 - **are pregnant or recently gave birth**
 - **young children 5 years of age or younger**

IMPORTANT!



To protect each other

