

FLU & COVID-19 VACCINE CLINIC INFORMATION

November 01 - November 12, 2022

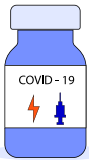
Review these lists of participating pharmacies to see if you can receive the [COVID-19 vaccine](#) or the [Flu vaccine](#), subject to availability. Be sure to **call the pharmacy ahead of time** if you plan to get vaccinated there, as vaccine supply varies and appointments may be required.

COVID-19 Vaccine Information



First or second doses: Anyone 6 months of age or older (wait at least eight weeks between doses).

Booster doses: Residents 5-11 years of age can receive a monovalent booster dose at the recommended interval of **six months (168 days)** after a previous COVID-19 vaccine (**on or before June 05, 2022**). A booster dose can be provided at a minimum of **three months (84 days)** after their last dose, with informed consent (**on or before Aug 14, 2022**).



Bivalent booster doses: Residents 12 years of age and older can receive the bivalent booster dose at a recommended interval of **six months (168 days)** after a previous COVID-19 vaccine (**on or before June 05, 2022**). A bivalent booster dose can be provided at a minimum of **three months (84 days)** after their last dose, with informed consent (**on or before Aug 14, 2022**). For the detailed eligibility list, visit:

<https://bit.ly/3noK1gj>.

IMPORTANT: Children 6 months to 4 years of age can receive other vaccines 14 days prior to or after receiving a COVID-19 vaccine (cannot receive COVID-19 and flu vaccine at same time).

Walk-ins are accepted at all clinics except Novavax clinics (appointments required).

Flu Vaccine Information

Everyone 6 months of age and older should get the standard quadrivalent inactivated vaccine (QIV) every year, unless there is a medical reason not to.

If you're 65 years of age or older, there are different flu options available:

- The **standard-dose (QIV)** vaccine protects against four strains of flu virus (for anyone 6 months of age or older).
- The **high-dose** vaccine also protects against four strains of flu virus, but in higher doses. Seniors can choose from **2 different types of high-dose vaccines**:
 1. **High dose QIV**, which contains higher amount of antigen per strain the standard dose.
 2. **Trivalent Inactivated Vaccine (TIV)** protects against two different flu A viruses and one flu B virus.

For more details, visit: <https://www.rcdhu.com/clinics-classes/flu-clinics/>



RENFREW COUNTY AND DISTRICT HEALTH UNIT
"Optimal Health for All in Renfrew County and District"

For more COVID-19 & Flu vaccine information visit www.rcdhu.com

FLU & COVID-19 VACCINE CLINIC SCHEDULE



November 01 - November 12, 2022: Walk-in Clinics

No appointments required for anyone 6 months of age and over.
Walk-ins welcome. No OHIP card required.

Flu and COVID-19 vaccines are available at the following clinics

Nov. 01	Former Grove Nursing Home 275 Ida St North, Arnprior	1 - 3 p.m.: FLU ONLY 3 - 6 p.m.: FLU and COVID-19
Nov. 02	Yakabuski Community Centre 65 Arena Rd, Barry's Bay	3 - 6 p.m.
Nov. 07	Germania Club 15 Bennett St, Pembroke	3 - 6 p.m.
Nov. 08	Horton Community Centre 1005 Castleford Rd, Renfrew	4 - 7 p.m.
Nov. 10	Chalk River Lion's Club 11 Kellett St, Chalk River	1 - 4 p.m.



Masks must be worn when attending the clinic

Note: Appointments must still be booked for Novavax COVID-19 vaccine clinics.



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