

# Your Booster Dose or Third Dose of COVID-19 Vaccine

Current as of: December 02, 2021

## Who is currently eligible to receive a third dose of the COVID-19 vaccine?

- ✓ Residents who are moderately to severely immunocompromised or residents that are receiving dialysis (hemodialysis or peritoneal dialysis), **as long as it has been 8 weeks (56 days) since receiving the second dose**. See the end of the resource for the full list of immunocompromised populations.

**New!**

### Eligible groups for a booster dose as of December 02, 2021

The following groups must wait at least 6 months (168 days) after receiving their second dose. **Check your proof of vaccination records to see when you received your second dose by visiting <https://covid-19.ontario.ca/proof-covid-19-vaccination>.**

First Nations, Inuit and Métis adults, including non-indigenous household members



Health Care Workers (HCWs)



Individuals 70 years of age and over (born in 1951 or earlier) \*



\*Residents 50 to 69 years of age will be eligible starting December 13th at 8:00 a.m.

Recipients of a Viral Vector Vaccine or Series (2 doses of AstraZeneca or 1 dose of Janssen)



- Any regulated health professionals and any staff member, contract worker, student/trainee, registered volunteer, or other essential caregivers currently working in-person in a health care organization, including workers that are not providing direct care and are frequently in the patient environment (e.g., cleaning staff, research staff, other administrative staff).
- Workers providing health care service or direct patient service in a congregate, residential or community setting outside of a health care organization are also included.
- Third doses are recommended, **not required** for health care workers (no need to rush for the third dose).

## Who is considered an essential caregiver?

Caregivers include those who provide direct care to meet the essential needs of a particular resident.

Direct care includes providing assistance to a resident that can be direct physical support (for example, eating, bathing and dressing) or providing social and emotional support.



Eligible residents are asked to book their vaccination appointment online at <https://covid-vacc-rcvtac.mychamp.ca/> or by calling RCDHU at 613-732-9436 or 1-833-773-0004.

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## Who is considered a health care worker?

### All hospital and acute care staff, including:

- Critical Care Units, Emergency Departments and Urgent Care Departments, COVID-19 Medical Units, Code Blue Teams, rapid response teams
- General internal medicine and other specialists, Surgical care, Obstetrics

### All patient-facing health care workers involved in the COVID-19 response, including:

- COVID-19 Specimen Collection Centres, Mobile Testing Teams, COVID-19 Laboratory Services
- Teams supporting outbreak response (e.g., IPAC teams supporting outbreak management, inspectors in the patient environment)
- COVID-19 vaccine clinics and mobile immunization teams
- COVID-19 Isolation Centres
- Current members of Ontario's Emergency Medical Assistance Team (EMAT)

**Medical First Responders** (ORNGE, paramedics, firefighters providing medical first response, police and special constables providing medical first response as part of their regular duties).

**Health care workers working in congregate settings** (assisted living, correctional settings, shelters, supportive housing, hospices and palliative care settings, etc.).

### Home and community health care workers, providing in-person care, including:

- Needle exchange/ syringe programs & supervised consumption and treatment services
- Indigenous health care service providers including but not limited to: Aboriginal Health Access Centres, Indigenous Community Health Centres, Indigenous Interprofessional Primary Care Teams, and Indigenous Nurse Practitioner-Led Clinics
- Community health centres, chronic homecare, birth centres, dentistry and dental hygiene, Pharmacies, Primary care, Walk-in clinics, gynecology/obstetrics, Midwifery, Nurse practitioner-led clinics/Contract nursing agencies, Otolaryngology (ENT), medical and surgical specialties, medical transport, laboratory services, independent health facilities, health care providers in development services, mental health and addictions services
- Health care workers in schools/daycares/campus, sexual health clinics, community diagnostic imaging, dietary/nutrition, audiology, naturopathy, holistic care, chiropractic, chronic pain massage therapy, psychotherapy, social work, public health

## List of currently eligible immunocompromised populations

- ✓ Individuals receiving active treatment (e.g., chemotherapy, targeted therapies, immunotherapy) for solid tumour or hematologic malignancies.
- ✓ Recipients of solid-organ transplant and taking immunosuppressive therapy.
- ✓ Recipients of chimeric antigen receptor (CAR)-T-cell therapy or hematopoietic stem cell transplant (within 2 years of transplantation or taking immunosuppression therapy).
- ✓ Individuals with moderate to severe primary immunodeficiency (e.g., DiGeorge syndrome, Wiskott-Aldrich syndrome).
- ✓ Individuals with stage 3 or advanced untreated HIV infection and those with acquired immunodeficiency syndrome.
- ✓ Individuals receiving active treatment with the following categories of immunosuppressive therapies: anti-B cell therapies<sup>2</sup> (monoclonal antibodies targeting CD19, CD20 and CD22), high-dose systemic corticosteroids (refer to the CIG for suggested definition of high dose steroids), alkylating agents, antimetabolites, or tumor-necrosis factor (TNF) inhibitors and other biologic agents that are significantly immunosuppressive (**see third page**).
- ✓ Residents of Long-Term Care Homes (LTCH), Retirement Homes (RH), Elder Care Lodges, and elderly living in other congregate settings (e.g. assisted-living facilities, chronic care hospitals, naturally occurring congregate retirement settings/congregate senior's apartment buildings, etc.).

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## List of Immunosuppressant Medications for Third Doses in Alphabetical Order

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| <p><b>#</b></p> <ul style="list-style-type: none"> <li>• 5-Aminosalicylic Acid (ASA)/mesalamine</li> <li>• 6-mercaptopurine (6-MP)</li> </ul> <p><b>A</b></p> <ul style="list-style-type: none"> <li>• Abatacept</li> <li>• Actemra</li> <li>• adalimumab</li> <li>• Advagraf</li> <li>• Amgevita</li> <li>• anakinra</li> <li>• apremilast</li> <li>• Arava</li> <li>• Avsola</li> <li>• azathioprine</li> <li>• Azulfidine</li> </ul> <p><b>B</b></p> <ul style="list-style-type: none"> <li>• baricitinib</li> <li>• belimumab</li> <li>• Benlysta</li> <li>• Brenzys</li> <li>• Brodalumab</li> </ul> <p><b>C</b></p> <ul style="list-style-type: none"> <li>• canakinumab</li> <li>• Cellcept</li> <li>• certolizumab</li> <li>• Cimzia</li> <li>• Cosentyx</li> <li>• cyclophosphamide</li> <li>• cyclosporine</li> </ul> <p><b>D</b></p> <ul style="list-style-type: none"> <li>• Decadron (&gt;3mg/day)</li> <li>• DepoMedrol (&gt;16mg/day)</li> <li>• dexamethasone (&gt;3mg/day)</li> </ul> <p><b>E</b></p> <ul style="list-style-type: none"> <li>• Enrbel</li> <li>• Entyvio</li> <li>• Envarsus</li> <li>• Erelzi</li> <li>• entanercept</li> </ul> <p><b>F</b></p> <ul style="list-style-type: none"> <li>• fingolimod</li> </ul> <p><b>G</b></p> <ul style="list-style-type: none"> <li>• Gengraf</li> <li>• Gilenya</li> <li>• golimumab</li> <li>• guselkumab</li> </ul> | <p><b>H</b></p> <ul style="list-style-type: none"> <li>• Hadlima</li> <li>• Hulio</li> <li>• Humira</li> <li>• Hyrimoz</li> </ul> <p><b>I</b></p> <ul style="list-style-type: none"> <li>• Idacio</li> <li>• Ilaris</li> <li>• Imuran</li> <li>• Inflectra</li> <li>• infliximab</li> <li>• ixekizumab</li> </ul> <p><b>K</b></p> <ul style="list-style-type: none"> <li>• Kesimpta</li> <li>• Kevzara</li> <li>• Kineret</li> </ul> <p><b>L</b></p> <ul style="list-style-type: none"> <li>• Leflunomide</li> </ul> <p><b>M</b></p> <ul style="list-style-type: none"> <li>• Mayzent</li> <li>• Medrol (&gt;16mg/day)</li> <li>• methotrexate</li> <li>• methylprednisolone (&gt;16mg/day)</li> <li>• Metoject</li> <li>• mycophenolate</li> <li>• mofetil</li> <li>• mycophenolic acid</li> <li>• Myfortic</li> </ul> <p><b>N</b></p> <ul style="list-style-type: none"> <li>• Neoral</li> </ul> <p><b>O</b></p> <ul style="list-style-type: none"> <li>• Ocrelizumab</li> <li>• Ocrevus</li> <li>• ofatumumab</li> <li>• Olumiant</li> <li>• Orenzia</li> <li>• Otezla</li> <li>• Otrexup</li> <li>• ozanimod</li> </ul> <p><b>P</b></p> <ul style="list-style-type: none"> <li>• Pentasa</li> <li>• prednisone (&gt;20mg/day)</li> <li>• Procytox</li> <li>• Prograf</li> <li>• Purinethol</li> </ul> | <p><b>R</b></p> <ul style="list-style-type: none"> <li>• Rapamune</li> <li>• Rasuvo</li> <li>• Remicade</li> <li>• Remsima</li> <li>• Renflexis</li> <li>• Rheumatrex</li> <li>• Riabni</li> <li>• Rinvoq</li> <li>• risankizumab</li> <li>• Rituxan</li> <li>• Rituximab</li> <li>• Riximyo</li> <li>• Ruxience</li> </ul> <p><b>S</b></p> <ul style="list-style-type: none"> <li>• Salazopyrin</li> <li>• Sandimmune</li> <li>• Sarilumab</li> <li>• Secukinumab</li> <li>• Siliq</li> <li>• Simponi</li> <li>• Siponimod</li> <li>• sirolimus</li> <li>• Skyrizi</li> <li>• Solumedrol (&gt;16mg/day)</li> <li>• Stelara</li> <li>• sulfasalazine</li> </ul> <p><b>T</b></p> <ul style="list-style-type: none"> <li>• tacrolimus</li> <li>• Taltz</li> <li>• tocilizumab</li> <li>• Tremfya</li> <li>• Trexall</li> <li>• Truxima</li> </ul> <p><b>U</b></p> <ul style="list-style-type: none"> <li>• upadacitinib</li> <li>• ustekinumab</li> </ul> <p><b>V</b></p> <ul style="list-style-type: none"> <li>• vedolizumab</li> </ul> <p><b>X</b></p> <ul style="list-style-type: none"> <li>• Xeljanz</li> </ul> <p><b>Z</b></p> <ul style="list-style-type: none"> <li>• Zeposia</li> </ul> |
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